

謝宛儒

Julie Hsieh



謝宛儒是位華裔美籍的藝術家。在生活中，她沉浸於各種形式的藝術與創作，包含從聲樂的聽覺藝術，醫學領域的人文藝術，到現今的視覺藝術，都是她喜愛鑽研的範疇。她的聲樂表演經驗已長達二十年之久，多次受邀於台灣、美國等地的電視台，參與多次的演出。她女中音的豐富音色，鏗鏘有力且渾厚感性，讓人留下深刻的感動與認同。她把視覺藝術比作她的聲樂表演，透過這二種外在的媒介，將她內心最深處的感受傳達出去，也為她的情感提供一個釋放的出口。

宛儒畢業於美國史丹佛大學(Stanford University)並取得文學士學位，之後於美國德州貝勒醫學院(Baylor College of Medicine)攻讀醫學。儘管已成為醫學博士並在醫學界擔任家庭醫生的她，創意藝術在她的人生中一直扮演著非常重要的角色。於美國居住長達三十年後，她最近搬回到土生土長的家鄉-台灣台北，並全心全意展開她創意藝術的設計生涯。

Julie Hsieh is a Taiwanese-American artist. Throughout her life, she immersed herself in various forms of art and creativity, from the art of vocal performance, to the art of medicine, and finally to visual arts.

Her vocal performance spanned two decades with performances across Taiwan, the United States, and on television. Her singing is emotive and powerful, with listeners positively affected by her rich mezzo-soprano voice. She likens visual art to her performances as they are both mediums through which she expresses herself to others, providing a window to her inspirations, feelings, and the culmination of her diverse experiences.

Although Julie's first career was in medicine as a family physician—receiving a Bachelor of Arts from Stanford University and a medical doctorate from Baylor College of Medicine—creative arts has always played a significant role in her identity. After residing in the United States for 30 years, she moved back to her hometown of Taipei, Taiwan in 2014 to pursue her creative arts full-time.

宛儒的作品以抽象畫為主，她的靈感來源大多來自於她在音樂和醫學領域上的感觸，以及對於大自然與周遭環境的啟發。她在創作的同時，喜愛感受並追求自由的境界，與藝術進行對話與溝通，直到作品完成將內心的意念與情感完整呈現。在繪畫媒材的選擇上，她愛好使用多種顏料素材，如壓克力、油彩、粉彩、炭筆、水彩和墨水等等，不局限於單一材料而使用複合媒材創作讓作品更能充分表達自己的意念。

對於她而言，藝術創作能突破常規，跳脫固定思維且能進入不可預知的想像空間。宛儒一直有著這樣的信念，她認為「藝術賦予人們有無限表達自我的能力，可以讓不同背景或不同國籍的人產生共鳴；藝術能超越界限使人交流並產生同理心，也能治癒心靈，更可以傳遞情感並啟發人心。在這藝術的領域中，如同浩瀚的天空一般無垠無涯，很幸運的我能騎乘在這藝術夢想的翅膀上，自由遨翔並探索這個美妙的藝術世界。」

Julie's artwork is largely abstract, inspired by her diverse backgrounds in music and medicine, as well as Mother Nature and the environment. She pursues freedom while creating, engaging

in a dialogue with her art, a mutual feed back until the final form is realized. She uses multiple mediums such as acrylic, oil, pastels, charcoal, watercolor and ink, not limiting herself to just one medium. For her, art is an escape from the routine, sameness and predictability.

Julie feels that "Art is an expression of our humanity with unlimited potential to connect people from different backgrounds and nationalities. Art transcends many boundaries and has the powerful capacity to heal, empathize, connect and inspire. The sky is truly the limit to this amazing field of art and I feel fortunate to be riding on the wings of art's journey."

Exhibition History:

2018: Yuan Ru Gallery, "Abstractions-Symbols," Taipei, Taiwan.
2018: Art Taipei, Taipei, Taiwan.
2018: Art Tainan, Tainan, Taiwan.
2018: Hsinchu Art Fair, Hsinchu, Taiwan.
2017: Santa Fe Art Fair, Santa Fe, New Mexico, USA.
2017: Yuan Ru Gallery, "East Meets West," Taipei, Taiwan.
2017: Tokyo International Art Fair, Tokyo, Japan.
2017: Art Central Hong Kong, "Apocalyptic Nostalgia," Hong Kong, China.
2017: Yuan Ru Gallery, Art Central Preview, Taipei, Taiwan.
2016: (Solo Exhibition) A World of Women for World Peace Conference, "Wonders of Nature" , Ping Tung, Taiwan.
2016: (Solo Exhibition) Art Square Taipei, "Wonders of Nature" , Taipei, Taiwan.

Selected Publications and Media:

2018: News Taiwan, "A World of Women for World Peace – Julie Hsieh's Dallas Speech," Taipei, Taiwan.
2017: a.m. post, "Transcending Boundaries: Art and Healing – Julie Hsieh and Yuan Ru Gallery," Hong Kong, China.
2017: Wen Wei Po, "Taiwanese Artist's Brush Shows Humanistic Care," Hong Kong, China.

Artist Talks:

2018: A World of Women for World Peace Conference, Dallas, Texas, USA.
2018: North District Rotary Club, Taipei, Taiwan.

Career:

2016-current: Artist / Founder of Yuan Ru Gallery.
2015-present: COO World TV Television Station, Taipei, Taiwan.
2007-2014: Private Practice, Family Medicine, Seattle WA, USA.

Education.

2003-2006: University California, Irvine, Family Medicine Residency.
2003: Baylor College of Medicine, Texas, Medical Doctorate.
1998: Stanford University, California, Bachelor of Arts